



THE KING'S ACADEMY

10th Grade Parent Night

October 12, 2023

About Us - TKA College & Academic Counseling



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Big Rocks the College Going Process



The College
Landscape

Academics

Extracurricular
Activities

Financials

TKA CAC
Support

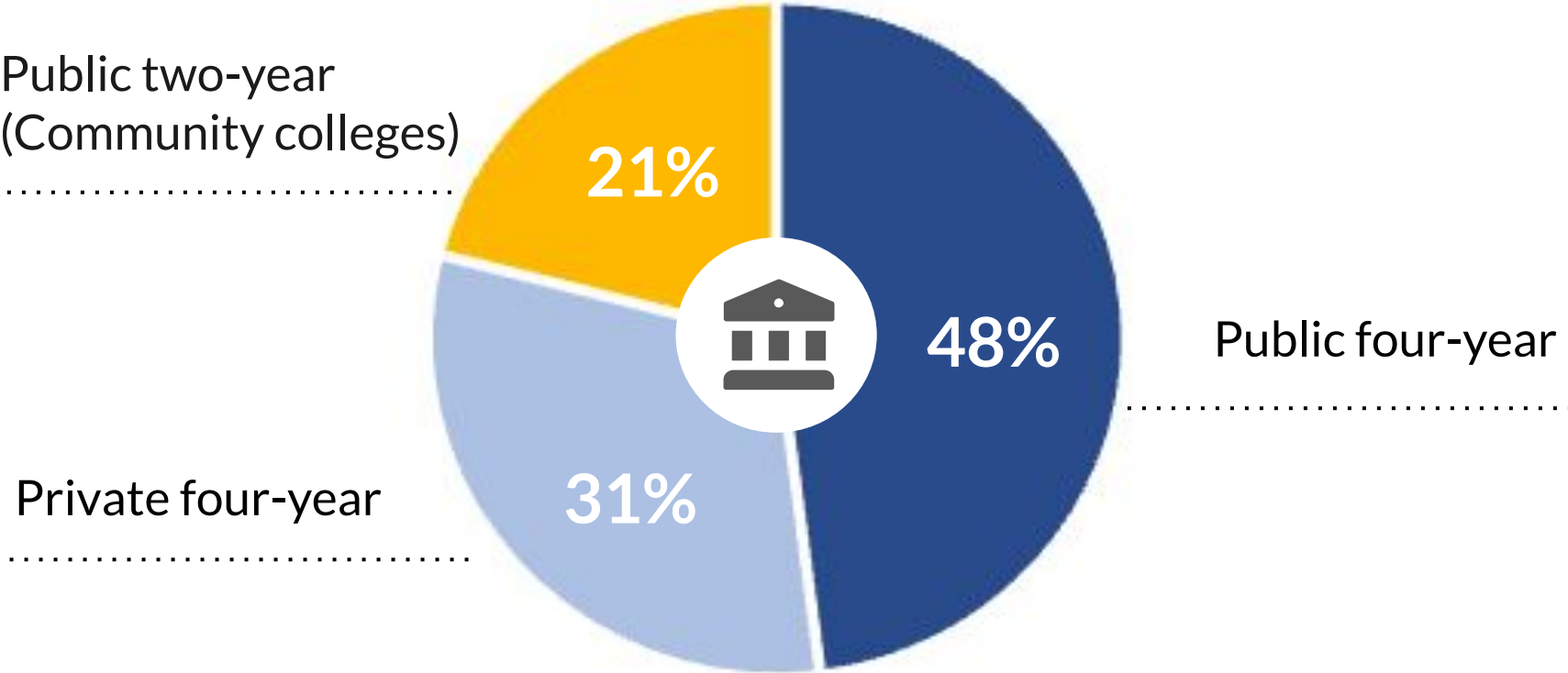
Peace &
Confidence

The image features a collection of black graduation caps with yellow tassels scattered across a light blue background. The caps are shown from various angles, some with the tassels hanging down and others with them pointing upwards. A white rectangular box is centered over the image, containing the text "The College Landscape".

The College Landscape

The College Landscape: Big Picture

Percent of Undergraduate Students
Attending 4,500 US Colleges and Universities



Source: *College 101 Guide - Overview of the college landscape.*

The College Landscape: Types of Colleges

Research Universities

Public or private, typically very large with multiple schools (A&S, Eng., Law, Public Health, etc.) and focus on research and training graduate students in line with institutional mission.

Regional Colleges & Universities

Public or private, more focused on teaching and less on research, often offer pre-professional programs in Education, Health Care, Business, student body tends to be more local.

Liberal Arts Colleges

Often smaller with enrollment under 2,500, fewer majors, and more focus on the humanities, sciences, and social sciences. Faculty is typically more involved with students with smaller classes.

Community Colleges

Generally accept anyone with a HS diploma or equivalent, offer 2 year associate degrees, usually focused on professions such as nursing, or a technical skill. Many have transfer programs.

The College Landscape: UC's

University of California System

Public, 4 year, in state, established in 1868



**STRONG EMPHASIS ON
GRADUATE PROGRAM
PREPARATION**



**ESTIMATED TOTAL ANNUAL
COST: \$42,000 (1ST YEAR)**



**WORLD-CLASS RESEARCH IN
SCIENCES & HUMANITIES**



4 ESSAYS



**EMPHASIS IN THEORY-BASED
EDUCATION**



EXTRACURRICULAR ACTIVITIES



**9 UNDERGRADUATE CAMPUSES
BERKELEY, SAN DIEGO, DAVIS...**



**NO RECOMMENDATION
LETTERS OR TEST SCORES**

The College Landscape: CSU's/Cal States

California State University System

Public, 4 year, in state, established in 1857



**EMPHASIZE UNDERGRADUATE
EDUCATION**



**ESTIMATED TOTAL ANNUAL
COST: \$30,000+**



**MORE PRACTICAL AND
HANDS-ON**



**NO ESSAYS &
RECOMMENDATION LETTERS &
TEST SCORES**



23 CAMPUSES
SAN JOSE, CAL POLY HUMBOLDT,
SAN DIEGO, EAST BAY

The College Landscape: CA CC's

California Community Colleges

Public, 2 year, in state, began in 1910



**TAG: TRANSFER ADMISSION
GUARANTEE TO MANY
UC'S/CSU'S/HONORS PROGRAMS**



**ESTIMATED TOTAL ANNUAL
COST \$3,500 OR LESS WITH
CALIFORNIA PROMISE**



**SHORTER PATH TO 2 YEAR
DEGREE FOR SOME PROFESSIONS**



**ONLY HIGH SCHOOL DIPLOMA
REQUIRED - NO ESSAYS, TEST
SCORES, EXTRACURRICULARS,
RECOMMENDATION LETTERS**



116 COLLEGES
FOOTHILL, DE ANZA, CAÑADA,
MISSION, SAN JOSE CITY



**CALIFORNIA RECOGNIZED AS
LEADER IN THE US**

The College Landscape: Out of State or Private

Non-CA or Private Colleges

4 year colleges and universities



WIDE RANGE IN SIZE, LOCATION,
MISSION, DIVERSITY,
UNDERGRADUATE FOCUS, ETC.



ESTIMATED TOTAL ANNUAL COST
\$25,000 - \$90,000



SCHOOL/COUNSELOR REPORT



ESSAYS



TEST SCORES - MOSTLY
OPTIONAL, SOME STILL REQUIRED



RECOMMENDATION LETTERS



EXTRACURRICULAR ACTIVITIES



INTERVIEWS

The College Landscape: Partial List of California Public Universities for Comparison Purposes

UC's

CSU's

COLLEGES AND 2023 ACCEPTANCE RATES

UCLA	9%
UC Berkeley	11%
UC San Diego	21%
UC Irvine	24%
UC Santa Barbara	26%
CSU Cal Poly, SLO	30%
UC Davis	37%
CSU San Diego	39%
CSU Long Beach	40%
UC Santa Cruz	47%

CSU Cal Poly, Pomona	55%
CSU Fullerton	67%
UC Riverside	69%
CSU San Jose	77%
CSU Los Angeles	87%
UC Merced	89%
CSU Channel Islands	90%
CSU Sacramento	93%
UC San Francisco	94%
CSU East Bay	96%

The College Landscape: California Dreamin'



Of the top 30 US public colleges and universities, we dominate with the most in the list.

10 - California

5 - Florida

2 - Georgia, Texas, New York,
North Carolina, Virginia

1 - Alabama, Illinois, Maryland,
Michigan, South Carolina



The College Landscape: Details of Top 30 Most Selective US Public Universities

	Applicants	Admitted	Enrolled	Acceptance Rate	Yield Rate
University of California-Los Angeles LOS ANGELES, CA	149,801	13,482	6,741	9%	50%
University of California-Berkeley BERKELEY, CA	128,209	14,103	6,487	11%	46%
Georgia Institute of Technology-Main Campus ATLANTA, GA	50,610	8,604	3,614	17%	42%
University of North Carolina at Chapel Hill CHAPEL HILL, NC	56,341	9,578	4,406	17%	46%
University of Michigan-Ann Arbor ANN ARBOR, MI	84,289	15,172	7,131	18%	47%
University of Virginia-Main Campus CHARLOTTESVILLE, VA	50,926	9,676	4,064	19%	42%
University of California-Irvine IRVINE, CA	119,191	25,030	5,507	21%	22%
University of Florida GAINESVILLE, FL	64,473	14,829	6,525	23%	44%
University of California-San Diego LA JOLLA, CA	131,197	31,487	6,612	24%	21%
Florida State University TALLAHASSEE, FL	78,088	19,522	6,052	25%	31%
University of California-Santa Barbara SANTA BARBARA, CA	110,995	28,859	4,906	26%	17%
California Polytechnic State University-San Luis Obispo SAN LUIS OBISPO	58,774	17,632	5,113	30%	29%
The University of Texas at Austin AUSTIN, TX	60,055	18,617	8,936	31%	48%
Florida Agricultural and Mechanical University TALLAHASSEE, FL	12,372	4,083	1,511	33%	37%
William & Mary WILLIAMSBURG, VA	18,087	5,969	1,612	33%	27%
University of California-Davis DAVIS, CA	94,747	35,056	6,310	37%	18%
San Diego State University SAN DIEGO, CA	77,250	30,128	6,628	39%	22%
University of Central Florida ORLANDO, FL	54,977	22,541	7,439	41%	33%
Binghamton University VESTAL, NY	41,642	17,490	3,148	42%	18%
Clemson University CLEMSON, SC	52,819	22,712	4,542	43%	20%
University of Georgia ATHENS, GA	39,320	16,908	6,256	43%	37%
Auburn University AUBURN, AL	45,693	20,105	4,825	44%	24%
University of South Florida TAMPA, FL	65,568	28,850	6,924	44%	24%
University of Illinois Urbana-Champaign CHAMPAIGN, IL	63,257	28,466	7,970	45%	28%
University of Maryland-College Park COLLEGE PARK, MD	56,761	25,542	5,875	45%	23%
North Carolina State University at Raleigh RALEIGH, NC	35,568	16,717	5,684	47%	34%
University of California-Santa Cruz SANTA CRUZ, CA	65,912	30,979	3,717	47%	12%
California State University-Long Beach LONG BEACH, CA	74,718	29,887	5,380	47%	18%
CUNY Hunter College NEW YORK, NY	33,944	16,293	3,096	48%	19%
Texas A & M International University LAREDO, TX	7,848	3,767	1,318	48%	35%

Source: CollegeTuitionCompare.com, 2023

The College Landscape: Top 10 Most Selective US Private Colleges and Universities - room for 14,000 students

College	Applicants	Admitted	Enrolled	Acceptance Rate
California Institute of Technology PASADENA, CA	16,626	499	250	3%
Harvard University CAMBRIDGE, MA	61,221	1,837	1,525	3%
Columbia University NEW YORK, NY	60,879	2,435	1,558	4%
Massachusetts Institute of Technology CAMBRIDGE, MA	33,767	1,351	1,148	4%
Stanford University STANFORD, CA	56,378	2,255	1,894	4%
Brown University PROVIDENCE, RI	50,649	2,532	1,696	5%
University of Chicago CHICAGO, IL	37,522	1,876	1,595	5%
Yale University NEW HAVEN, CT	50,060	2,503	1,702	5%
Dartmouth College HANOVER, NH	28,336	1,700	1,054	6%
Duke University DURHAM, NC	50,016	3,001	1,651	6%

Source: CollegeTuitionCompare.com, 2023

The College Landscape: Top 30 Most Selective US Private Colleges and Universities - more details

	Applicants	Admitted	Enrolled	Acceptance Rate	Yield Rate
California Institute of Technology PASADENA, CA	16,626	499	250	3%	50%
Harvard University CAMBRIDGE, MA	61,221	1,837	1,525	3%	83%
Columbia University in the City of New York NEW YORK, NY	60,879	2,435	1,558	4%	64%
Massachusetts Institute of Technology CAMBRIDGE, MA	33,767	1,351	1,148	4%	85%
Stanford University STANFORD, CA	56,378	2,255	1,894	4%	84%
Brown University PROVIDENCE, RI	50,649	2,532	1,696	5%	67%
University of Chicago CHICAGO, IL	37,522	1,876	1,595	5%	85%
Yale University NEW HAVEN, CT	50,060	2,503	1,702	5%	68%
Dartmouth College HANOVER, NH	28,336	1,700	1,054	6%	62%
Duke University DURHAM, NC	50,016	3,001	1,651	6%	55%
Princeton University PRINCETON, NJ	38,019	2,281	1,574	6%	69%
Amherst College AMHERST, MA	14,864	1,040	447	7%	43%
Cornell University ITHACA, NY	69,195	4,844	3,294	7%	68%
Johns Hopkins University BALTIMORE, MD	37,844	2,649	1,351	7%	51%
Northeastern University BOSTON, MA	91,000	6,370	2,612	7%	41%
Northwestern University EVANSTON, IL	51,261	3,588	1,973	7%	55%
Pomona College CLAREMONT, CA	10,666	747	411	7%	55%
Swarthmore College SWARTHMORE, PA	14,707	1,029	432	7%	42%
University of Pennsylvania PHILADELPHIA, PA	54,588	3,821	2,598	7%	68%
Vanderbilt University NASHVILLE, TN	46,377	3,246	1,688	7%	52%
Colby College WATERVILLE, ME	16,890	1,351	703	8%	52%
Williams College WILLIAMSTOWN, MA	15,321	1,226	539	8%	44%
Barnard College NEW YORK, NY	12,009	1,081	713	9%	66%
Bowdoin College BRUNSWICK, ME	9,376	844	498	9%	59%
Rice University HOUSTON, TX	31,443	2,830	1,245	9%	44%
Claremont McKenna College CLAREMONT, CA	5,709	571	308	10%	54%
Tufts University MEDFORD, MA	34,882	3,488	1,744	10%	50%
The Juilliard School NEW YORK, NY	2,083	229	110	11%	48%
Carnegie Mellon University PITTSBURGH, PA	34,261	3,769	1,658	11%	44%
Emory University ATLANTA, GA	33,179	3,650	1,387	11%	38%

Source: CollegeTuitionCompare.com, 2023

The College Landscape: But wait, there's more...

Impacted Majors

- At selective colleges there aren't enough seats for some majors
- At less selective colleges it is not a factor even with one-third of students changing their major

Biology/Pre-Med

Business

Computer Science

Engineering

Nursing

The College Landscape: Getting into Selective Colleges



The Hard Truth

Grades, rigor and test scores aren't enough.

**Recruited
Athletes**

**National-Level
Awards or Honors**

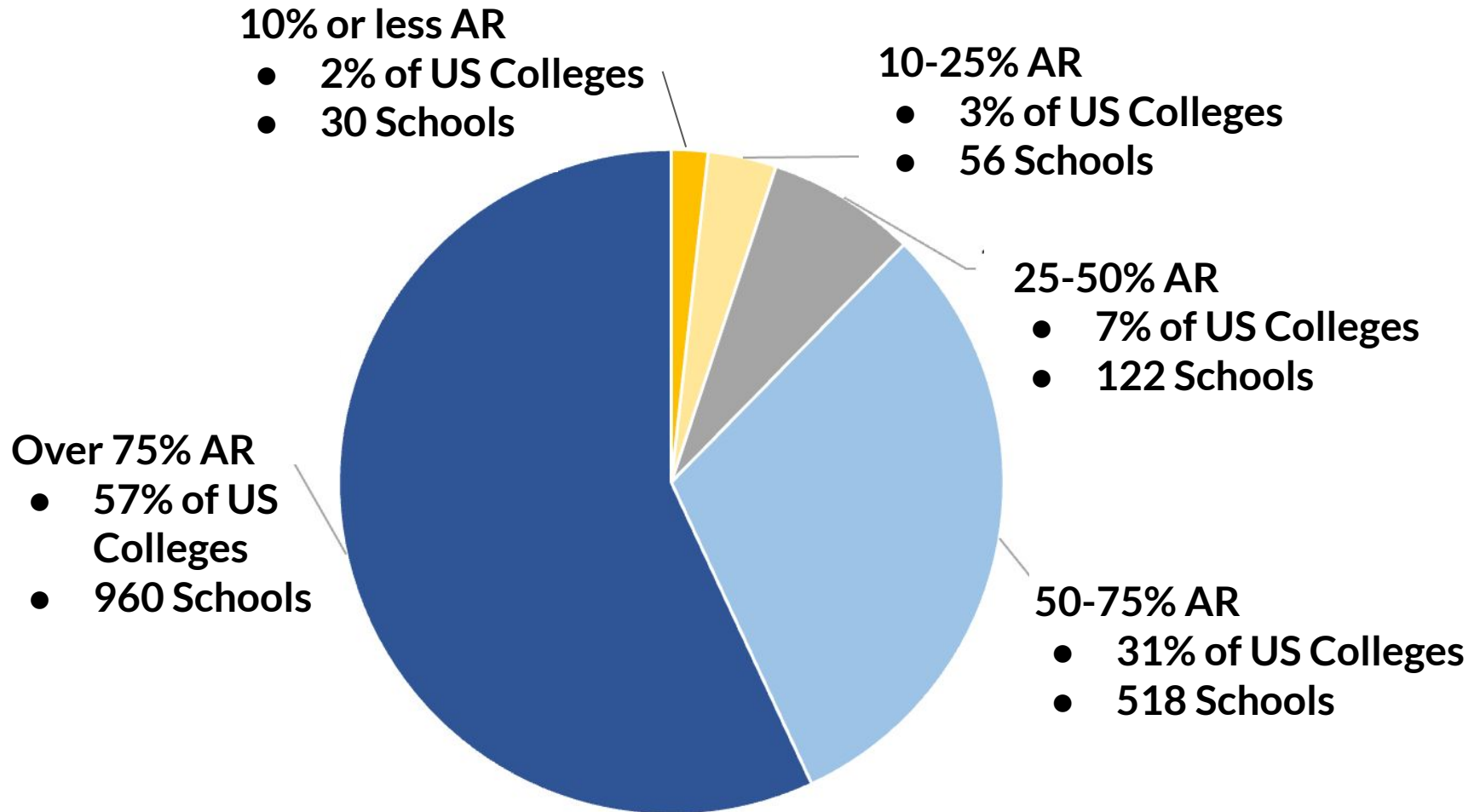
Big Donors

**Compositional
Diversity**

**Legacy &
Faculty Relations**

**Other
Institutional
Priorities**

The College Landscape: Breakdown by Acceptance Rate (AR) of 4 Year Colleges/Universities



Source: CollegeTuitionCompare.com, 2023

The College Landscape: Key Takeaway



The Good News

There is a college for everyone.

3,000

Number of
4-year colleges
in the US

85%

Percent of colleges that
accept more than half
of applicants

The College Landscape: Where TKA Students Go

* Denotes Christian College



Pacific/Mountain West

- Evergreen Valley
- CO School of Mines
- Colorado State
- George Fox*
- Oregon State
- Reed
- Seattle Pacific
- Seattle U
- U of Colorado
- U of Oregon
- U of Portland

Mid West

- Case Western
- Purdue
- Northwestern
- Ohio State
- St. Lous U
- UIUC
- U of Michigan
- U of Wisconsin
- Wheaton*
- WashU

North East

- Amherst
- Barnyard
- Brown
- Boston U
- Carnegie Mellon
- Colby
- Fairfield
- George Washington
- Harvard
- Lehigh
- Manhattan School of Music
- MIT
- Northeastern
- Pratt Institute
- U of Rochester
- West Point
- WPI

Nor Cal

- DeAnza
- Foothill
- Santa Clara
- SF State
- Stanford
- SJSU
- UC Berkeley
- UC Davis
- UCSC
- U of SF

Mid Coast/Central CA

- Cal Poly SLO
- Chico State
- UC Merced
- UCSB
- Westmont*

So Cal

- Azusa Pacific*
- Biola*
- Cal Baptist*
- Chapman
- Cal Poly Pomona
- CSU Long Beach
- LMU
- Pepperdine*
- UCI
- UC Riverside
- UCSD
- UCLA
- U of San Diego
- USC

Hawaii

- U of Hawaii
- Chaminade

South West

- Arizona State
- Baylor*
- Dallas Baptist*
- Rice
- TCU*
- Texas A&M
- U of Texas
- U of Utah

South East

- Emory
- Elon
- Georgia Tech
- Wake Forest
- UVA
- Vanderbilt

International

- Ottawa U
- U of Toronto, Canada
- University College Dublin, Ireland



The image features a collection of black graduation caps with yellow tassels scattered across a clear blue sky. The caps are shown from various angles, some fully visible and others partially obscured, creating a sense of movement and abundance. A central white rectangular box is overlaid on the image, containing the word "Academics" in a black, sans-serif font.

Academics

Academics: TKA Grad & UC/CSU Requirements

THE KING'S ACADEMY RECOMMENDED HIGH SCHOOL FOUR-YEAR COURSE PLAN

Proverbs 16: 9 "In his heart a man plans his course, but the Lord determines his steps."

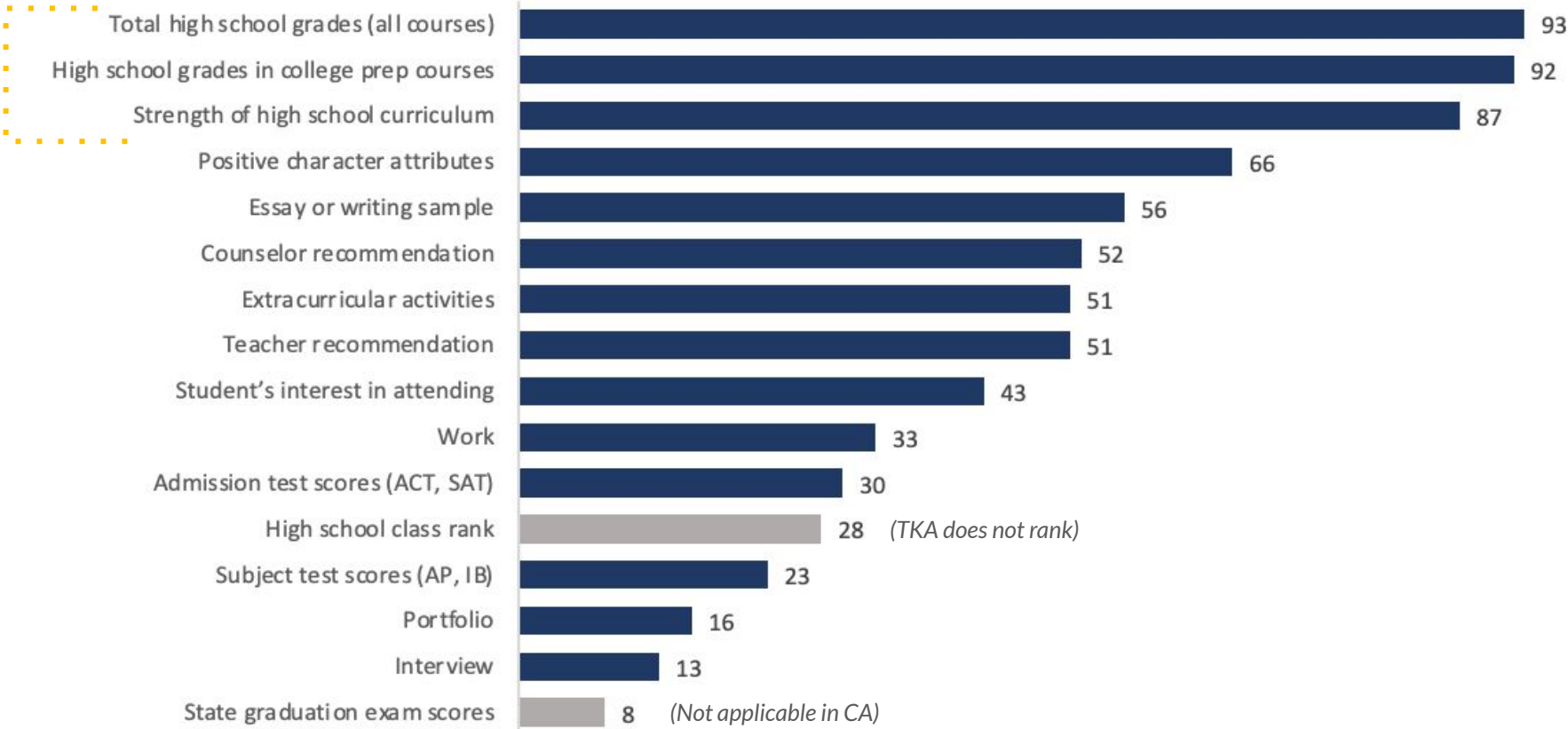
Required

	9 TH GRADE	10 TH GRADE	11 TH GRADE	12 TH GRADE	TKA Graduation Requirements (240 credits total)	UC/CSU "a-g" Course Subject Area Requirements
BIBLE	<input type="checkbox"/> Bible 9 (semester)	<input type="checkbox"/> Bible 10 (semester)	<input type="checkbox"/> Bible 11 (year)	<input type="checkbox"/> Bible 12 (2 semesters)	Bible (30 credits)	N/A
P.E.	<input type="checkbox"/> P.E.	<input type="checkbox"/> P.E. <input type="checkbox"/> JV / Varsity Sport	<input type="checkbox"/> Marching Band / Color Guard	<input type="checkbox"/> Strength and Conditioning	PHYSICAL EDUCATION (20 credits)	N/A
HISTORY	<input type="checkbox"/> Ancient World History	<input type="checkbox"/> Modern World History 10 <input type="checkbox"/> AP World History: Modern	<input type="checkbox"/> U.S. History 11 <input type="checkbox"/> AP U.S. History	<input type="checkbox"/> Economics <input type="checkbox"/> Government <input type="checkbox"/> AP U.S. Government and Politics <input type="checkbox"/> AP Macroeconomics	SOCIAL STUDIES (30 credits)	"a" 2 years minimum
ENGLISH	<input type="checkbox"/> English 9 - Literature and Composition / Honors	<input type="checkbox"/> English 10 - World Literature and Composition / Honors	<input type="checkbox"/> American Literature and Composition <input type="checkbox"/> AP English Language and Composition	<input type="checkbox"/> AP English Literature and Composition <input type="checkbox"/> British Literature and Composition (Gr. 12)	ENGLISH (40 credits)	"b" 4 years required
MATH	<input type="checkbox"/> Algebra 1 <input type="checkbox"/> Geometry / Honors <input type="checkbox"/> Algebra 2 / Honors <input type="checkbox"/> Algebra 1A/1B	<input type="checkbox"/> Geometry / Honors <input type="checkbox"/> Algebra 2 / Honors <input type="checkbox"/> Pre-Calculus / AP Pre-Calculus <input type="checkbox"/> Algebra 1A/1B	<input type="checkbox"/> Algebra 2 / Honors <input type="checkbox"/> Pre-Calculus / AP Pre-Calculus <input type="checkbox"/> Calculus <input type="checkbox"/> AP Calculus AB / BC <input type="checkbox"/> Statistics <input type="checkbox"/> AP Statistics	<input type="checkbox"/> Pre-Calculus / AP Pre-Calculus <input type="checkbox"/> Calculus <input type="checkbox"/> AP Calculus AB / BC <input type="checkbox"/> Statistics <input type="checkbox"/> AP Statistics	MATHEMATICS (20 credits through Geometry) 40 credits recommended	"c" 3 years required (through Algebra 2), 4 years recommended (through Pre-Calculus & Calculus)
SCIENCE	<input type="checkbox"/> Biology / Honors	<input type="checkbox"/> Biology / Honors <input type="checkbox"/> Chemistry / Honors <input type="checkbox"/> Physical Science	<input type="checkbox"/> Chemistry / Honors <input type="checkbox"/> AP Chemistry <input type="checkbox"/> Physics <input type="checkbox"/> AP Physics 1 <input type="checkbox"/> Biology / Honors	<input type="checkbox"/> AP Biology <input type="checkbox"/> Anatomy and Physiology <input type="checkbox"/> Environmental Science <input type="checkbox"/> Marine Science	LABORATORY SCIENCES (30 credits (20 of UC-approved laboratory science)) 40 credits recommended	"d" UC: Two years in two of Biology, Chemistry, or Physics. CSU: 1 biological science and 1 physical science required. 3 years science recommended
LANGUAGE	<input type="checkbox"/> French 1, 2 or 3 <input type="checkbox"/> Mandarin 1, 2 or 3 <input type="checkbox"/> Spanish 1, 2/Honors, or 3/Honors <input type="checkbox"/> ASL 1, 2, or 3 (online)	<input type="checkbox"/> French 1, 2, 3, or 4 <input type="checkbox"/> Mandarin 1, 2, 3 or 4 <input type="checkbox"/> Spanish 1, 2/Honors, 3/Honors, or 4 <input type="checkbox"/> ASL 1, 2 or 3 (online)	<input type="checkbox"/> French 1, 2, 3, or 4 <input type="checkbox"/> AP French Language & Culture <input type="checkbox"/> Mandarin 1, 2, 3, or 4 <input type="checkbox"/> AP Chinese Language & Culture	<input type="checkbox"/> Spanish 1, 2/Honors, 3/Honors, or 4 <input type="checkbox"/> AP Spanish Language & Culture <input type="checkbox"/> ASL 1, 2 or 3 (online)	WORLD LANGUAGES (10 credits) 40 credits recommended	"e" Level 2 of the same language required Level 3-4 recommended
VPA	<input type="checkbox"/> Beginning Dance Fundamentals <input type="checkbox"/> Dance Workshop <input type="checkbox"/> Advanced Dance <input type="checkbox"/> High School Concert Choir <input type="checkbox"/> Discovery Art – HS <input type="checkbox"/> AP 2D Art	<input type="checkbox"/> Knightshine <input type="checkbox"/> Knights Brigade Wind Ensemble <input type="checkbox"/> Knights Brigade Percussion Ensemble <input type="checkbox"/> Theatre 1 <input type="checkbox"/> String Orchestra <input type="checkbox"/> Jazz Band	<input type="checkbox"/> Computer 3D Modeling with ZBrush <input type="checkbox"/> Digital Design and Animation <input type="checkbox"/> Yearbook (Gr.10-12) <input type="checkbox"/> Yearbook Honors (Gr.11-12) <input type="checkbox"/> Film Studies (Gr. 11-12)		VISUAL AND PERFORMING ARTS (10 credits)	"f" 1 yearlong course required
ELECTIVE	Electives listed in catalog – Includes AP Psychology, AP Computer Science A, and AP Computer Science Principles				ELECTIVES	"g" 1 year required From approved "a-g" course list

- TKA Recommended 4-Year Course Plan - A 1 page at-a-glance view of TKA graduation and UC/CSU "a-g" requirements

Academics: The Most Important Admission Factor

Percentage of Colleges Reporting “Considerable” or “Moderate” Importance



Source: NACAC, Fall 2023 Admission Cycle

Academics: Course Selection

Guiding Principle

Students are encouraged to challenge themselves in courses that interest them.

Colleges are looking for “**college readiness**” and one way they can judge is by the academic rigor of courses taken in high school.

Selective colleges are looking for **increasing rigor** each year. Including senior year, which tends to be the most rigorous.

Intentionality of courses can be used by colleges to signal interest in a major.

Potential Major	Relevant Courses
Art/Design	Discovery Art, Ceramics, Digital Design & Animation, AP 2D Art, English/H, World Language/AP
Business	Statistics/AP, Economics, CS Principles, World Language/AP
Computer Science	CS Principles, CS A, Physics/AP, Calculus/AP
Engineering	Chemistry/H/AP, Physics/AP, Calculus/AP, Computer 3D Modeling, World Language/AP
English/History	English/H, AP Language, AP Literature, World History/AP, US History/AP, Film Studies
Environmental Science	Biology/AP, Environmental Science, Marine Biology, World Language/AP
Health Science/ Nursing/Pre-Med	Biology/AP, Anatomy & Physiology, AP Psych, Calculus/AP, World Language/AP

Academics: Advanced Placement (AP) Courses

College level courses operated by the College Board. They provide students an opportunity to experience an intro-level college class while still in high school.

BENEFITS

- Shows motivation and ability to take on rigorous college-level courses
- Demonstrates academic interest in a subjects related to potential major/career
- Gives student an extra grade point in GPA calculations
- Potentially (based on college) gives college credit or subject placement based on AP test score

TKA AP CAPS BY YEAR

9th
Grade

2

10th
Grade

3

11th
Grade

4

12th
Grade

5

Academics: A Note about Achievement Pressure

TKA cares for the whole student.
We approve AP courses based on individual strengths and circumstances.



Repercussions of an overloaded academic schedule can include a lower GPA, a lack of depth and focus, reduced sleep, and limited time for extracurriculars, friends and family.

We strive to mitigate the chances of burnout or harmful mental and physical health.

Related to Academics: Standardized Tests (SAT/ACT)

Common Questions

- ***Is a test score required?***
 - It depends on the college requirements. As of today, the bulk of colleges are test optional or test blind, including UC's and CSU's. Around 20 colleges require a test score.
 - Colleges that require scores: Public schools in Florida, some selective public and private universities (Georgia Tech, MIT, Georgetown) and US service academies.
 - Some colleges use test scores for scholarships.
 - There could be changes in the next 2-3 years, so we'll keep an eye out.
- ***What is a good score?***
 - It depends on the colleges you want to go to. Need to look at the published range.
- ***Which is the better test to take?***
 - It depends on the student. Try taking one of each for free this summer and compare.
- ***How should we plan?***
 - Take an official test in spring of junior year. Then decide based on your college list if you need to retest in the summer or just won't send your scores. No penalty for not sending.

A collection of black graduation caps with gold tassels scattered against a blue sky background. The caps are in various orientations, some with tassels pointing upwards and others downwards. A white rectangular box is centered over the image, containing the text "Extracurricular Activities".

Extracurricular Activities

Extracurricular Activities: Overview

- 1 It's about quality, not quantity
- 2 You should enjoy and honestly care about these activities, not just “to look good for college.”
- 3 Colleges want decent, kind and inclusive students, and look for evidence that you will be a positive addition to their student body.
- 4 Selective colleges look for a “spike” - sustained commitment and substantive contribution or achievement.
- 5 But... some colleges do not look at extracurriculars, only GPA.
Pro Tip: Check the Common Data Set (CDS) in section C7 for any school.

Extracurricular Activities: Grow in Commitment, Leadership and Depth

8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
<p>Keep doing what you enjoy.</p> <p>It's not too early to try new things!</p>	<p>Keep doing what you enjoy.</p> <p>And/or definitely try new things!</p> <p>A good goal is 1 after school activity and 1 club.</p>	<p>Stay involved in the things you enjoy and things that might be inline with a potential major down the road.</p>	<p>Try to step into roles with responsibility. Does not have to be typical "leadership" title roles.</p>	<p>Try to step into roles with more responsibility. Could be typical leadership role, but could also just be more of what you are already doing.</p>
EXAMPLES				
<p>Acting/Singing/Dancing - try out for TKA JH musical or play</p> <p>Try summer theater</p>	<p>Try out for HS play and/or musical</p> <p>Take VPA - Choir or Dance</p> <p>Take outside music or dance lessons for fun</p>	<p>Try out for HS play and/or musical</p> <p>Take the next level up in VPA - Choir or Dance</p> <p>Continue with music or dance lessons - maybe</p> <p>Do local theatre</p>	<p>Try out for HS play and/or musical</p> <p>Join ITS - International Thespians Society or Tri-M Music Society</p> <p>Take VPA - Choir or Dance</p> <p>Continue with music or dance lessons - maybe focus on a genre.</p>	<p>Try out for HS play and/or musical - guide and support younger actors/dancers</p> <p>Hold a leadership position in ITS or Tri-M</p>

Extracurricular Activities: Examples continued

8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
<p>Sports - have fun trying JH sports and/or rec or club sports</p>	<p>Play on the TKA JV team</p> <p>Maybe play rec or club sport</p> <p>Join related clubs/ FCA - Fellowship of Christian Athletes</p>	<p>Play on the TKA JV /Varsity team</p> <p>Play rec/club sport</p> <p>Practice on your own/try to improve to make the Varsity team</p> <p>Join/stay in related clubs/ FCA - Fellowship of Christian Athletes</p> <p>Volunteer with youth sports</p>	<p>Play on the TKA Varsity team</p> <p>Help with team get together</p> <p>Play rec/club (or drop if not interested in pursuing it and spent the time doing other things you enjoy)</p> <p>Stay in related clubs/ FCA and step up into taking on roles that contribute to the group (fundraising, publicity, organizing events, etc.)</p> <p>Volunteer or get a summer job related to your sport</p>	<p>Play on the TKA Varsity team - become team captain. Assist the coaches with team communication, Organize fun team events.</p> <p>Be a mentor to younger players, help boost team morale.</p> <p>Stay in related clubs/ FCA and step up into taking on roles that contribute to the group (fundraising, publicity, organizing events, etc.)</p> <p>Play rec/club - or drop if not interested in pursuing and spent the time doing other things you enjoy</p>

Extracurricular Activities: Examples continued


8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
<p>Computer Science/ Engineering - take Intro to CS JH</p> <p>Look into USA Computing Olympiad (USACO)</p>	<p>Join the Robotics team, or an outside</p> <p>Participate in summer coding camps</p> <p>Do math competitions</p> <p>Continue with USACO</p>	<p>Keep with the Robotics team</p> <p>Join Coding or Math club(s)</p> <p>Take AP CS Principles</p> <p>Participate in Hackathons</p> <p>Continue with USACO</p> <p>Code on your own</p>	<p>Step up to take more of a leadership role in Robotics team</p> <p>Take more responsibility within Coding club(s)</p> <p>Take AP CS A</p> <p>Keep coding on your own/try your hand a making an app</p> <p>Find interesting applications of coding and any other interest/passion</p> <p>Get a summer internship</p>	<p>Step up to take more of a leadership role in Robotics team</p> <p>Take more responsibility within Coding club(s)</p> <p>Take AP CS A or next coding class at Foothill/DeAnza</p> <p>Help mentor others</p> <p>Find interesting applications of coding and any other interest/passion</p>

**For the uber selective colleges, many of these activities should be pulled in earlier.*

Extracurricular Activities: Examples continued

8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Taking care of others/Health/Nursing - mother's helper	Take Bio/Bio H Volunteer to help with children at church Babysit for free or for \$	Take Chemistry/ Chemistry H Get CPR certified, get lifeguard certified Get a job as a lifeguard Join a Biology club	Take Anatomy & Physiology Find a shadow program in the Health field or volunteer at a hospital Start a health care club Get a summer internship or do research	Continue with clubs, take more leadership, like organizing speakers or field trips Continue to volunteer, maybe focus on special area of interest Continue with research
Business/Entrepreneurship	Volunteer at local non-profits Join a business related club	Get a job Start an Etsy business Continue with business related club Explore summer college programs for young business leaders	Keep working, taking on more responsibility Continue to grow your business Get more involved with volunteering, take on additional responsibilities Take a CC course	Become a manager/assistant manager, leading and training others Become president of club, or take an active role with responsibilities for growing attendance, lining up speakers, etc.

Extracurricular Activities: Examples continued



8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
<p>Undecided - attends church on regular basis</p>	<p>Attends weekly church youth group</p> <p>Helps out with summer VBS</p>	<p>Participates in weekly church youth group</p> <p>Is part of youth worship team</p> <p>Helps out weekly in child care or with younger kids</p>	<p>Step up to be involved in leadership team/planning church youth group activities, invites friends. ie:Helps organize game or movie night</p> <p>Welcomes new students to youth group</p>	<p>Continues be involved in leadership team/ planning church youth group activities, invites friends</p>



Financials

Financials - Two Most Common Types of Aid

1

Need Based Aid

Parents disclose their income and assets on various forms and aid is awarded through grants (which don't need to be paid back), loans (which need to be paid back, although the interest on some loans is subsidized while in school), and work-study (students have to secure a work-study job on campus, so it's not guaranteed).

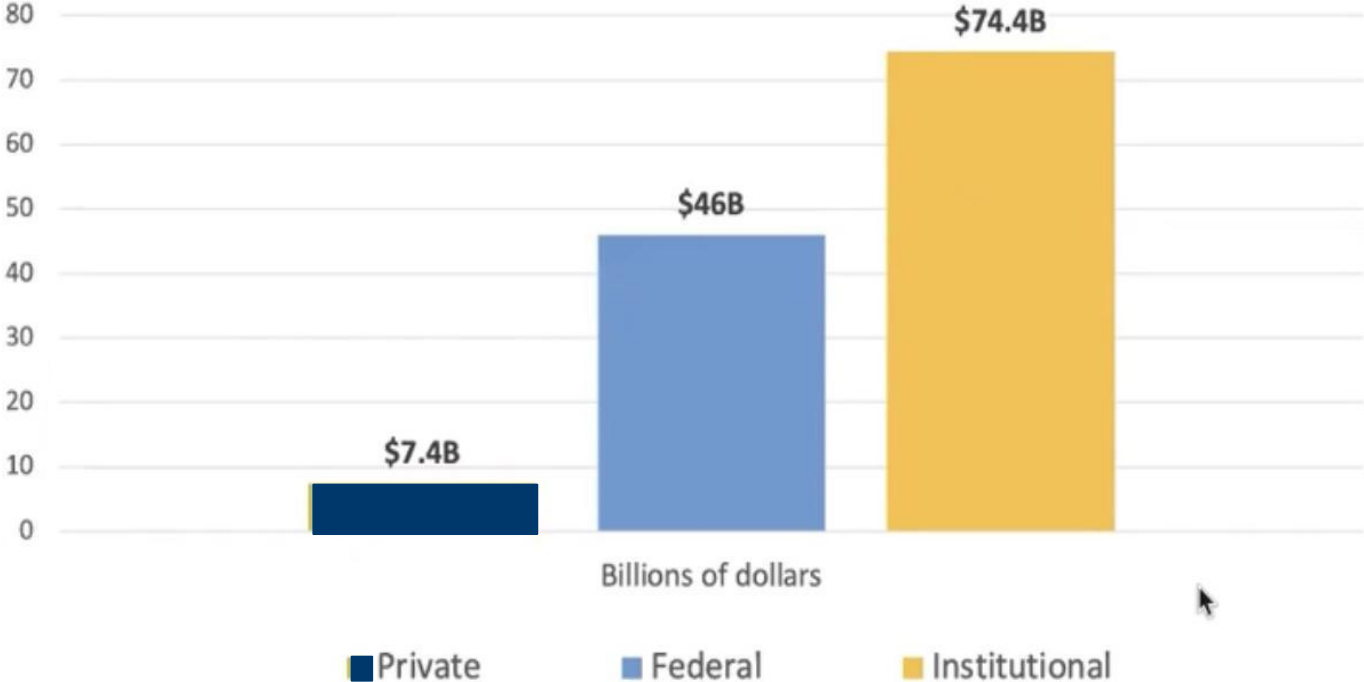
2

Merit Based Aid

Parents' income is not considered. It's usually based on specific academic criteria, such as test scores and high school grades, but not always. Some merit aid is a straight discount coupon off the sticker price. Less selective colleges usually use merit aid to fill classroom seats and meet budget targets.

Financials - Majority of Scholarship Funds come from the College Directly

Sources of Grants and Scholarships



Source: Educationdata.org, 2021

Financials - Key Terms and Takeaways

1

Decide who will pay and how much you can afford

2

Private schools look expensive on paper, but aren't always

3

Always run the Net Price Calculator (NPC)

4

You won't know the actual cost before you apply

Key Terms

- 529 Plan
- Cost of Attendance
- CSS Profile
- FAFSA
- Institutional Aid
- Loans
- Merit Aid
- Need-Based Aid
- Net Price Calculator
- Student Aid Index
- Student Aid Report
- Scholarships
- Sticker Price
- Work Study

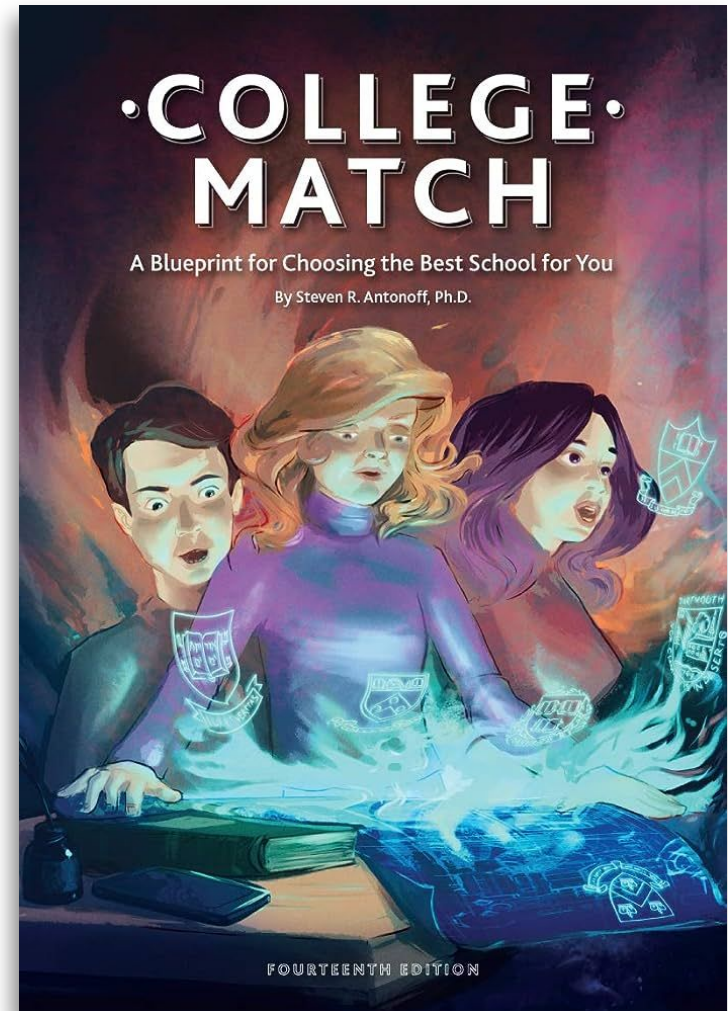


TKA CAC
Support

4 Year Planning: Resources

TKA provides a variety of resources and ways to support students

- College Counselor assigned in 9th grade
- PSAT and SAT administered onsite
- College Match book distributed
- Naviance software used to manage college going process, has tools for self exploration and college search
- Parent Nights
- Optional appointments to course selection, discuss scheduling issues, review student's 4-year plans.
- College workshops



Naviance

A third party college planning software program

- Interface between TKA, The College Board Common App and colleges
- Used to submit documents, such as transcripts and letters of recommendation
- Helpful for researching colleges with scattergrams, statistics and college data

Tip

Who Am I?

Students can uncover strengths and interests using tools to learn about themselves. The “Self Discovery” section helps align them to future goals.

The screenshot shows the Naviance Student interface for Augustana College. The header includes the Naviance logo, the user's name 'Student', and navigation links for HOME, Colleges, Careers, About Me, and My Planner. The main content area displays college information for Augustana College, including its location and website. Below this, there are tabs for Overview, Studies, Student Life, Admissions, and Costs. The Overview tab is active, showing five key statistics: Average Net Price (\$19,425), Graduation Rate (77%), Acceptance Rate (52%), College Overlaps (160), and Early Action Deadline (November 1). Each statistic includes a brief description and a 'Learn more' link.

Statistic	Value	Description
Average Net Price	\$19,425	Income: \$48 - \$75K
Graduation Rate	77%	Within 6 years
Acceptance Rate	52%	Check out Scattergrams to see how this relates to you
College Overlaps	160	Students who apply to this college also applied to these 160 colleges
Early Action Deadline	November 1	See all deadlines

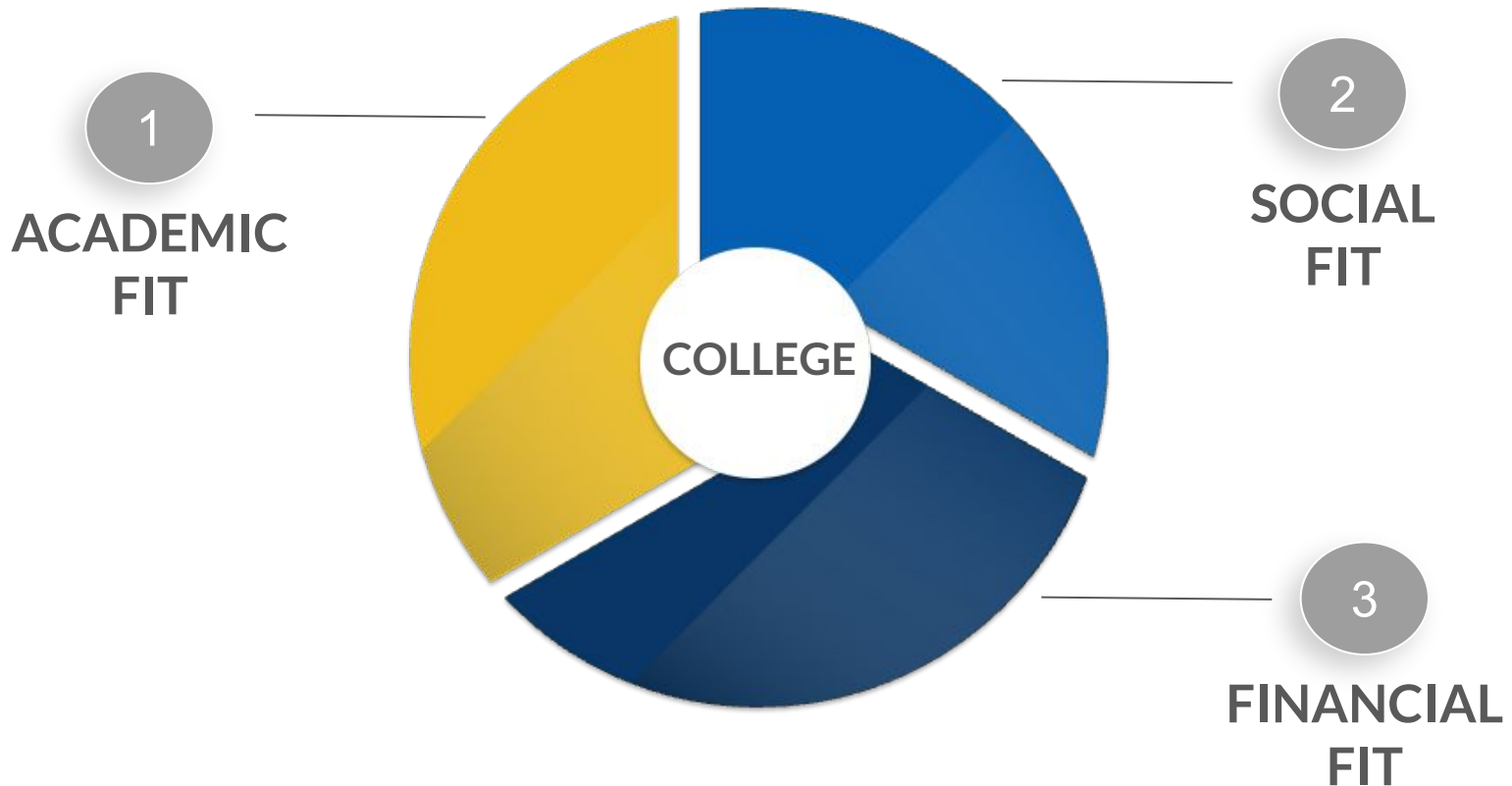
A collection of black graduation caps with yellow tassels scattered against a blue sky background. The caps are in various orientations, some showing the top, some the side, and some the bottom. The tassels are long and fringed. The background is a clear, bright blue sky.

Peace and Confidence


If you remember nothing else...




There will be a great fit college for your child.




Peace and Confidence: Managing your Parent Anxiety




Understand that **there is not a scarcity of college spots**, even though we tend to most often hear about it at schools like Harvard, Stanford and UCLA.




Follow your child's lead. Encourage them to try things or support their interests. Don't force or push. You are not trying to create a product. You are trying to let your beloved child bloom by scaffolding them.



Trust that there will be a **college that values who your child is** and that you can afford. (More than one, actually!)



Keep in mind that college is not actually the goal. **A happy, successful, post-college adult is the goal.** There are lots of paths to get there!



Parent with warmth and acceptance, not criticism and pressure.

Peace and Confidence: Next Steps for 10th Graders... and Parents

- ▶ **Focus on doing well in classes** - If falling behind, say something to teacher/parents and get the help you need. We are here to help! Learn how to learn.
- ▶ **Maintain good study habits and life skills** - Use an organizer to keep track of assignments, tests and project dates. Take responsibility for your school work, backpack, lunch, PE items.
- ▶ **Participate in and keep track of activities** - Keep participating in things you enjoy, like clubs, sports, theatre, you name it! Take risks and learn resiliency.
- ▶ **Visit 2 college campuses** - Local ones are great to get a feel, but also swing by ones in your area when on vacation or away for sports/activities. Start a potential college list.
- ▶ **Be intentional about course selection for junior year** - Choose courses with appropriate rigor and interest, consider how they might signal a future major.

Parents/Caregivers

- Keep getting familiar with the **college going process** and review the financial plan
- Check your own anxiety to **be a calm, positive presence** throughout the process.

A collection of black graduation caps with yellow tassels scattered against a blue sky background. The caps are in various orientations, some showing the top, some the side, and some the bottom. The tassels are long and flowy, adding a sense of movement to the scene. The overall composition is dynamic and celebratory.

Q&A

A collection of black graduation caps with yellow tassels scattered against a blue sky background. The caps are in various orientations, some showing the top, some the side, and some the bottom. The tassels are long and flowy, adding a sense of movement to the scene. The overall composition is dynamic and celebratory.

Bonus Material

Peace and Confidence: Busting Common Myths

1

Higher Selectivity = Better Education - Nowhere is there data that says a degree from college X is better than the same degree from college Y.

2

Private College = Too Expensive - Some private schools come in about the same cost as in-state public schools. Always run the NPC's/find school with merit aid.

3

Top grades get scholarships at all colleges - Highly selective colleges and public universities typically don't offer any merit aid.

4

Ivies and Ivy-like schools will lead to more money and happiness - Data shows that it's not where you go, but what you do while there that makes the difference.

5

College admissions is a meritocracy and fair - Many colleges use holistic admission practices and/or institutional priorities that look beyond grades/scores.

Peace and Confidence: Keep these quick links handy

[TKA 2023-2024 Course Catalog](#) - Course available, descriptions and important prerequisites. Pages 42-44 are helpful worksheets.

[TKA Recommended 4-Year Course Plan](#) - A 1 page at-a-glance view of TKA graduation and UC/CSU “a-g” requirements

[College 101 Guide](#) - Overview of the college landscape. Thank you, Jeff Selingo!

[TKA Academic Counseling Page](#) - Services we offer and our awesome counselors

[TKA Resources Page](#) - Look under Academic & College Counseling for helpful links on topics such as Financial Aid, Athletics, Art, UC/CSU Applications and many more!

Addendum - Recommended Resources for Parents




Parenting - Books

- *Middle School Matters: The 10 Key Skills Kids Need to Thrive in Middle School and Beyond--and How Parents Can Help*, Phyllis L. Fagell
- *The Price of Privilege: How Parental Pressure and Material Advantage are Creating a Generation of Disconnected and Unhappy Kids*, Madeline Levine, Ph.D.
- *Never Enough: When Achievement Culture Becomes Toxic--and What We Can Do About It*, Jennifer Breheny Wallace
- *How to Raise and Adult: Break Free from the Overparenting Trap and Prepare Your Kid for Success*, Julie Lythcott-Haims
- *The Strength Switch: How The New Science of Strength-Based Parenting Can Help Your Child and Your Teen to Flourish*, Lea Waters
- *The Emotional Lives of Teenagers: Raising Connected, Capable, and Compassionate Adolescents*, Lisa Damour Ph.D.
- *Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood*, Lisa Damour Ph.D.
- *Under Pressure: Confronting the Epidemic of Stress and Anxiety in Girls*, Lisa Damour Ph.D.

Parenting - Webinars

- **The Parent Education Series** - free [youtube webinars](#) on relevant topics, such as Health and Wellness, Social-Emotional Learning, Mental Health & Well-Being, Digital Media & Technology, Parent-Child Communication

Addendum - Recommended Resources for Parents



College - Books

- *Where You Go Is Not Who You'll Be: An Antidote to the College Admissions Mania*, Frank Bruni
- *Who Gets In and Why: A Year Inside College Admissions*, Jeffrey Selingo
- *The Price You Pay for College: An Entirely New Road Map for the Biggest Financial Decision Your Family Will Ever Make*, Ron Lieber
- *The Golden Ticket: A Life in College Admissions Essays*, Irena Smith
- *Valedictorians at the Gate*, Becky Munsterer Sabky
- *The Truth about College Admission: A Family Guide to Getting In and Staying Together*, Brennan Barnard, Rick Clark

College - Webinars

- **The Parent Education Series** - free [youtube webinars](#) on college and admissions topics from highly regarded experts in the field